



JOHN A. COLEMAN
CATHOLIC HIGH SCHOOL
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November 2018

A MESSAGE FROM OUR CO-PRINCIPALS
November Virtue of the Month: KINDNESS

Dear Parents,

We are all hard at work here at John A. Coleman Catholic High School. The sounds of learning permeate the halls and prayer provides the background of everything we do. There is an unmistakable sensibility of gratitude and thanksgiving that fills our halls and our hearts.

This month of November we are, once again, calling upon our school community to remember those who need our help. Throughout this month our Student Council will be working toward helping those who “don’t have what we have.” We will continue to collect food and toiletries as we remain mindful of those who are in need and those who have served our country this Veteran’s Day. Our students will be invited to participate in a dress down day with all proceeds going to our local families and organizations. What better way to teach our students to reach out to others. Please visit our website for more details in the weeks ahead.

We at Coleman Catholic have much to be thankful for this year; the generosity of all our families and friends, the diligent work of our teachers and staff and most of all the precious gift of your children. Thank you for entrusting them to our care.

During this season of Thanksgiving may God grace your family with good health and a spirit of gratitude for His many gifts. As for us, we are truly grateful for all you do and thank you for your generous example.

May all God’s blessing be upon you and those you love. Happy Thanksgiving!

Gratefully,

Ellen Anderson



Marie Anderson



Listen for us on the radio....NPR 95.6

Our Admission test is November 17, 2018 ...Please tell a friend



Thurs	11/1	8:45 a.m.	Remembrance Mass Emergency Evacuation Drill: Dismiss 15 minutes early
Fri.	11/2		1 st Marking Period ends
Sat. 11/3 & Sun. 11/4			Craft Fair
Mon.	11/5	Times TBA	Winter Sports begin
Tues.	11/6	2:45 p.m.	Faculty Meeting
Fri.	11/9	7:00 p.m.	Catholic Youth Group
Mon.	11/12		No School - Veteran's Day
Tues.	11/13		Picture Re-Take Day
Tues.	11/13	6:30 p.m.	Parent Association Meeting
Thurs.	11/15	3:15 – 4:30 5:15 – 7:00	Parent/Teacher Conferences
Fri	11/16		No Tech Challenge
Sat	11/17		Coleman Admission Test
Mon.	11/19		Spirit Day and Pep Rally
Tues.	11/20		No School - Faculty Conference Day
Wed. 11/21 - Fri. 11/23			Thanksgiving Break
Mon.	11/26	5:30 p.m.	Board Meeting



Evacuation Drill

Thursday November 1st: COUNTY WIDE EVACUATION DRILL

All Coleman students will be picked up by their home school district buses at the following times: Kingston: 1:15pm. All other districts will pick up at 2:20pm. Student drivers will be dismissed at 2:20pm and all students who are picked up must be picked up no later than 2:20pm. There are NO after school activities on this day.



TRADITIONAL REMEMBRANCE MASS: for John A Coleman deceased alumni, students, faculty, and other Coleman family members – Thurs. Nov. 1st at 8:45 a.m.

FIRST MARKING PERIOD REPORT CARDS: The first marking period ends Nov. 2nd. The portal will be closed to parents on Nov 2nd and re-opened on Friday Nov. 9th after grades have been finalized. All tuition accounts must be up to date for parents to view grades on the portal.



Our annual Craft Fair is Sat. Nov. 3rd, 10am - 4pm and Sun. Nov. 4th, 10am - 3pm. Many volunteers are needed to make this event successful. If you are interested in volunteering please see the Parent Association pages in this newsletter.



School picture retakes will be taken on Tuesday November 13th. All students should have their pictures taken for the yearbook and their student ID.

Please make sure we have an e-mail address for you on file. We will be sending many school messages by e-mail and also we need an e-mail so you can access the Portal for your child's grades and assignments. Call the school to add yours.



access the



Parent-Teacher Conferences will be Thursday November 15th from 3:15 - 4:30 pm and 5:15 - 7:00 pm. This is a good opportunity to meet with your child's teachers with any questions or concerns you may have after viewing the report card. There are no appointments for these conferences; they are on a first-come, first-serve basis. Teachers have been asked to limit conference time to 10 minutes per family. A list of teacher locations will be provided that day.

No Tech Challenge: On Nov 16th Mrs. Ivino and her business class will be sponsoring a no tech challenge night from 4 - 8:00 pm. Students and their friends will hand in their phones and disconnect from the world of electronics and enjoy time doing various fun activities. It costs \$10, permission slips can be picked up from the main office.



Spirit Day and Pep Rally: On Monday November 19th we will have our annual Spirit Day and Pep Rally. It will be "Color Day", each class will be dressed in a particular color for the day, the Pep Rally will be held in the afternoon. The "Colors" will be announced later in November.

ADMISSION TEST

Come to Coleman / Admission Test: Tell your friends, family, and anyone you meet that on November 17th we will be offering the Admission Test for Coleman. Shadow Days, school Tours are available upon request. (see information below about the test and test application)



John A. Coleman Catholic High School

430 Hurley Ave.

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Phone: 845-338-2750 Fax: 845-338-0250

www.colemancatholic.net

RESPECT • RESPONSIBILITY • RELIGION

***Please return the form to John A. Coleman Catholic High School
by Nov. 13, 2018.**

Registration for the Admission Test (HSPT)

Test date: Saturday November 17, 2018 9:00 AM -Noon

Name of student: _____

Date of birth: _____

Address: _____

Home Phone: _____

Cell Phone: _____

School currently attending: _____

Parent(s)/Guardian name: _____

Parent(s)/Guardian

e-mail address: _____

IEP/504 accommodations: No(____)Yes (____) if yes, please provide a copy of the current accommodations prior to exam.

***Please note: There is a fee of \$20.00 for the entrance exam. Students should come prepared with two number 2 pencils with erasers. Please bring payment in the form of cash or check (payable to John A. Coleman Catholic H.S.). Completed forms can be mailed, faxed or dropped off in person to the Main Office.**

COLEMAN PARENTS: Below is an important letter from our Administration about vaping and the current epidemic now facing our young population.

Dear Parents and Friends of Coleman,

High Schools and middle schools around the region have seen a recent spike in incidents involving students and vaping. E-Cigarette companies are targeting 13 – 18 year olds with their marketing and varying misinformation about the side effects of electronic cigarettes. The purpose of this letter is to inform you of the issue, provide resources, and encourage you to have an open dialogue with your sons and daughters about the prevalence of this temptation in their lives.

Vaping is the act of inhaling a vapor produced by an electronic vaporizer or e-cigarette. The casing can come in any shape or size, but its most popular form is the Juul, which takes its appearance as a flash drive and can be easily concealed in a backpack, coat, purse etc. The liquids that are vaporized are marketed to our youth with different flavors such as “cinnamon roll, marshmallow, bubblegum, lemonade and cookies” giving the appearance that this is a harmless smoking option with limited risks.

Unfortunately, the research and information we have is limited as this trend has only spiked in the last few years. However, what we do know:

- Stores cannot sell vaping items to people under the age of 18. However, students report that they purchase items online, or buy them from older students/siblings.
- According to the National Institute on Drug Abuse, 66% of teens who vape, believe that only “flavoring” is in their e-cigarette, when in reality, a single Juul pod may contain as much nicotine as a pack of cigarettes.
- Vaping solutions without nicotine can contain compounds that may become toxic or even carcinogenic when vaporized. The metal microparticles that are released by the e-cigarette can put young people at risk for reactive airway disease, asthma, and emphysema.
- Vaping is also replacing traditional ways of smoking marijuana, by using cannabis-infused oil.
- As for the long-term impact of inhaling chemicals and metal particles, there is still a lot we do not know.....but why risk it?

We want to empower students to make decisions that enhance their God given potential. We hope to be having an assembly on this topic and will also include information for our students in their classes. But because of the growing concern, we felt that the dialogue at home needed to begin sooner rather than later. Your voice and expectations are the most important weapon in this ongoing mission to keep our children safe and healthy.

As always, we welcome your comments, concerns and questions. Please let us know if we can assist in anyway. May God bless you and those you love always,

Marie Anderson

Ellen Anderson

<https://www.nytimes.com/2018/02/14/well/family/how-to-talk-with-teenagers-about-vaping.html>

thera-mom.com/the-new-everyone-does-it-4-important-talking-points-with-your-teen



John A. Coleman Catholic High School November 2018 Parent Association News

Hello Parents!

SPIRIT DAY was a great success and enjoyed by all. Although our final tally isn't in yet, it appears by all accounts that our fundraising efforts have certainly paid off. Thank you to all who pledged, contributed prizes and participated. Again, a heartfelt thank you to the Coleman Board Members for the generous donation of pizza for the students. A very special thank you as well to Maryann Moughan who spent countless hours pulling this event together and to Mrs. Callahan for organizing the events.

November 16th: NO TECH CHALLENGE - this will be hosted by Mrs. Ivino and her Business Class and will be held at Coleman between 4:00 pm and 8:00 pm.

Parent Representatives: Thank you Annie Pombo for volunteering to be the Senior Class Parent Representative. Michelle McCabe and Donna Cornell are representing the Junior Class and we are still in need of a Representative for both the Freshman and Sophomore Classes.

PARENT ASSOCIATION MEETINGS are held on Tuesdays at 6:30 pm in the lecture hall. Future meeting are 11/13, 12/11, 1/15, 2/12, 3/19, 4/9, 5/21 and the June meeting is to be determined.

November 3rd & 4th: COLEMAN'S CRAFT FAIR. We are in need of volunteers to bring in hot food, desserts and to help serve in the kitchen, man the doors, sell tickets, help with parking and so much more. We need several students to help with set up Friday night, to help with Saturday morning set up and to work the Fair and as well as to help vendors break down displays and load up their vehicles on Sunday at the close of the Craft Fair. Volunteer sign ups and food donations are available at:

<https://www.signupgenius.com/go/5080b48a9ae2aa02-coleman>.

Please spread the word to friends, family, coworkers, neighbors, etc., to come and enjoy our wonderful craft event. See attached coupon for a discount on admission.



2018-2019 PARENT ASSOCIATION OFFICERS

President:	Wendy Sinagra	750-8969	agsdeliveries@gmail.com
Vice President:	Mary Alice Leahy	430-0918	leahys@hvc.rr.com
Secretary:	Mary Anne Moughan	750-5477	maryannemoughan@yahoo.com